



# CYO TRACK 2025 INDOOR SEASON

## AGE DIVISIONS AND EVENTS

### AGE DIVISIONS

<u>DIVISION</u>	<u>AGE ON 2/1/2025</u>
PEEWEE	5, 6
NOVICE	7, 8
BANTAM	9, 10
JUNIOR	11, 12
SENIOR	13, 14, 15*

\*15-YEAR-OLD RUNNERS MUST HAVE TURNED 15 AFTER 9/1/24

### EVENTS

#### RAGAZZO RELAYS

##### PEEWEE

55 Dash  
4 X 50 Relay  
S.L.J. Relay

##### NOVICE

55 Dash  
4 x 100 Relay  
S.L.J. Relay

##### BANTAM

55 Dash  
4 X 100 Relay  
4 X 200 Relay  
L.J. Relay

##### NOVICE/BANTAM

400 Medley Relay

##### JUNIOR

55 Dash  
4 X 100 Relay  
4 X 200 Relay  
L.J. Relay

##### SENIOR

55 Dash  
4 X 100 Relay  
4 X.200 Relay  
L.J. Relay

##### JUNIOR/SENIOR

1000 Meter Run  
400 Medley Relay

#### ST. ANTHONY'S CLASSIC

##### PEEWEE

55 Dash  
200 Dash  
4 X 50 Relay  
S.L.J.

##### NOVICE

55 Dash  
200 Dash  
400 Run  
4 X 100 Relay  
S.L.J.

##### BANTAM

55 Dash  
200 Dash  
400 Run  
4 X 200 Relay  
L.J.

##### JUNIOR

55 Dash  
200 Dash  
400 Run  
800 Run  
4 X 200 Relay  
L.J.

##### SENIOR

55 Dash  
200 Dash  
400 Run  
800 Run  
4 X 200 Relay  
L.J.

**ALL DISTANCES IN METERS**

**400 Medley = 200/100/100**

**L.J. Relay = Long Jump Relay (2, 3, or 4 Jumpers)**

**S.L.J. Relay = Standing long Jump Relay**