

## INDOOR TRACK MEET FACT SHEET FOR PARENTS

Two Catholic Youth Organization (CYO) indoor track meets will be held this winter in the Student Center/Athletic Facility at St. Anthony's High School on Long Island. If using a GPS navigation system, you should use 287 Pidgeon Hill Road, Huntington Station, 11746 as the address; it takes you to the parking lot entrance.

**Schedule** – The CYO meets are scheduled for Sunday, 2/9/2025 and Sunday, 3/2/2025. Doors open at 12:30 PM for coaches on 2/9 and 12:45 for runners and spectators. First race scheduled at 1:00PM. On 3/2 doors open at 12:30 PM for coaches. Runners and spectators may enter at 12:45 pm. First race scheduled for 1:00PM. Runners and spectators need to remain in their cars till 12:45, only CYO officials and coaches can enter before.

**Parking** – There is ample parking on the St. Anthony school grounds. The Student Center, where the meet will be held, is located behind the main school building, and adjacent to the parking lot.

**House Rules** – St. Anthony's enforces a strict ban on any food or drink (other than bottled water) in the athletic facility except for the hallway. Eating food of any kind, or even taking food out of a container or bag, is strictly forbidden. Similarly, drinking juice, coffee, soda, Gatorade, or anything other than bottled water is forbidden. St. Anthony's will have people monitoring the grandstand, so while you are in the track area or grandstand, please limit any consumption to bottled water only. Please make sure your children understand this rule.

There is a hallway just outside the track area with tables and chairs where you may eat or drink. Please use this area to have lunch or snacks. We ask that you keep any food or drink inside a bag or container while you are in the arena itself, and wait until you are outside in the hallway before removing it from the bag. St. Anthony's has made it clear to the CYO that violation of these rules could jeopardize our use of the facility in the future, so please cooperate with this requirement for the benefit of everyone.

Please be sure to keep the grandstand clean and to use the trash cans for disposable items.

Restrooms are conveniently located along the hallway outside the track area.

**During the Meet** – Please try to sit in the same section. Not only is this advantageous in terms of team spirit, but it makes it much easier to find the boys and girls when it's time for them to check in for their events.

**Boys and girls are to stay in the grandstand until their events are called**, at which time they may enter the track area and report to the appropriate staging area. Entrance to and exit from the infield area is only to take place at the far ends of the straight away. Under no circumstances are people to move the white barriers to enter or exit the infield. Once a child has finished competing, he or she must return to the grandstand.

Boys and girls must be instructed to stay away from any athletic equipment that may be on the fringes of the track. Further, they may not pick at the "grass" on the infield. This is not actual grass, but expensive artificial turf, and once it's pulled up, it won't grow back. (Explain to your child that he or she is a guest at St. Anthony's; just as your child wouldn't visit someone's house and pull up tufts of carpet, the green turf is also off-limits.)

**Volunteers** – The CYO relies on parent volunteers from the various parishes to help out as officials during the meet. (This helps keep entry fees as low as possible, which benefits families on all the teams.) Please consider volunteering your assistance. The "jobs" are not difficult, and you don't need to have any experience. Those parents who have volunteered in the past have often enjoyed the experience, and found that the time has passed very quickly.

### **PARENTS ACKNOWLEDGMENT:**

*I have read and understand the above fact sheet.*

Parents signature \_\_\_\_\_

Date \_\_\_\_\_